

S.M.A.R.T. Goals

Specific, Measurable, Action-Oriented, Realistic, Time-Sensitive

My Goal	Objectives necessary to achieve my goal	People I need to work with to achieve my goal	Resources I need to consult to achieve my goal	Deadline for achieving my goal	Assessing the success of my progress
	1.				
	2.				
	3.				
	4.				
	1.				
	2.				
	3.				
	4.				
	1.				
	2.				
	3.				
	4.				